

AUTHENTIC LEADERSHIP EXPERIENCE

Life consists of many roles we play in order to serve self and others. We often fulfill these roles the way we were told, shown or instructed; rarely realizing our unique style in the many roles we play. We adapt and learn to fit, in order to live and prosper. Each adaptation takes us further from our authentic self and leads us to a sense of disconnection. There comes a time when the disconnection is unbearable and we long for our authenticity; our unique self that longs to be remembered and expressed in all we do. We have all things material and yet are unfulfilled.

Find your Authentic Leadership style by becoming conscious of all aspects of yourself that have been previously disconnected.

Through a strategic and organic process, we facilitate the reconnection and integration of all aspects of yourself to help you focus on the most significant goals, issues or concerns present in your life at this time

Connection to self will offer you a different view of abundance by alerting you to impending opportunities to fulfill the goals that are most aligned to self at this time.

Changes that you want to come about in your life will arise from a change in perception that releases you to live in ways that reflect your authentic self completely.

You will find the most "outerworld" satisfaction by reconnecting to your "innerworld". Authentic Leadership starts with re-aligning your relationship with yourself. This creates dynamic results in your personal and professional life.

This program is a powerful 3½ day leadership journey committed to the development of the whole person, who becomes a whole leader, who co-creates whole teams and whole organizations. An integrative approach offers a way to lead oneself, others and the organization, authentically, ethically and appropriately through the most challenging of circumstances.

What we do

- ♦ Help you to evaluate your life progress in matters that are not easily measured but are the crucial basis for your health and well-being.
- ♦ Expand your consciousness to include all aspects of self that have previously been disconnected.
- ♦ Provide tools to keep you conscious of all aspects of self and to keep these focused on your goals.
- ♦ Enable you to evaluate decisions according to new criteria rather than only ego-centred criteria
- ♦ Enhance your relationship with self and increase your compassion for others
- ♦ Help you develop your executive capacity to lead by
 - ♦ developing a reflective practice and increasing your self awareness
 - ♦ developing executive character and wisdom
 - ♦ aligning your vision, mission, thoughts, feelings and actions
- ♦ Help you develop your interpersonal capacity to lead by
 - ♦ creating and strengthening purposeful and meaningful relationships
 - ♦ building trust
 - ♦ becoming more clear, forthright and compassionate in all conversations

How we do it

The Authentic Leadership Experience is based on contemporary principles of adult learning, affording you the best possible learning experience. It is itself, an example of an authentic practice and is designed to engage you physically, emotionally, mentally and spiritually. You will build knowledge, skills and attitudes through

- ♦ A series of personal assessments
- ♦ Interactive discussions and experiences
- ♦ Personal reflections and self discovery experiences
- ♦ One-on-one dialogue
- ♦ Experiential exercises, tapping into intuitive and creative ways of knowing what is the right decision

Who Should Attend

- ♦ Individuals who have embarked on their personal and/or leadership journey and are seeking greater breadth and depth in their development
- ♦ Executives and senior leaders from all sectors
- ♦ Seasoned leaders who want to take their leadership capabilities to a higher level

You will come away with

- ♦ Greater self-awareness and appreciation of your strengths
- ♦ A deeper understanding of your impact on self and others
- ♦ New perspectives, new insights, new directions and new strategies
- ♦ Tools and techniques to enhance your personal and leadership style
- ♦ A resolve and commitment to take more courageous actions
- ♦ Personal revitalization
- ♦ Challenge, support and individual coaching

"Becoming an effective leader is the same as becoming an integrated human being."
Warren Bennis



This program includes 3½ consecutive days of experiential learning in the beautiful setting of Port Perry, Ontario.